

A Church for the Poor

The third chapter of Pope Leo's Apostolic Exhortation, *Dilexi Te*, is the longest of the five chapters. This is because in Chapter Three the Pope not only sketches the long history of the Church's care for the poor but also, he traces the deeper meaning of the poor in our faith tradition.

Pope Leo approaches this vital topic without mincing his words: there is an inseparable bond between our faith and the poor. He recalls the story of the deacon St Lawrence who was forced to hand over the treasures of the Church to the pagan authorities of the city of Rome. The next day Lawrence appeared before the authorities with a large crowd of poor people. "These are the treasures of the Church," he proudly proclaimed.

The witness of the Fathers of the Church is unanimous and often graphic. St John Chrysostom famously said, "God does not need golden vessels, but golden souls". For Chrysostom, charity is a requirement of true worship. In his blunt but memorable way he concluded, "not giving to the poor is stealing from them!" St Augustine reveals the deeper reality that the poor are not just people to be helped but they are a sacramental presence of the Lord.

Pope Leo sketches a history of the Church through the lens of the Church's ministries to the poor, the sick, prisoners, slaves etc., which gave rise to the alms houses, hospitals, and shelters. He then adds the Church's development of education in schools and universities. Every age produces its own crises and

today we see the same gospel response in the Church accompanying migrants, refugees, stateless and undocumented people.

In the light of the history of Christian love in action, it is not surprising that the contemporary Church has adopted the phrase, "preferential option for the poor". Working for justice and peace for the millions who are deprived of proper food, housing, medical service, education, employment and other basic human rights, is, as the 1971 Synod of Bishops declared, "constitutive of proclaiming the Gospel." Pope Francis added to this the critical concern of the environment and care for the earth as "our common home".

The scope of Pope Leo's exhortation reveals the theological and spiritual roots of what it can mean to love one another. It would be hard for a Catholic to read and pray over his message without being moved to meet Jesus in the poor. How could I proclaim, like St Thomas, "My Lord and my God", if I have never touched the wounds of Jesus in the poor and needy?

The ultimate test of our prayer and the sole criterion of its authenticity lie in love in action. Modern saints and martyrs signal the beauty of holiness and the attractiveness of discipleship as they continue to live as a poor Church for a poor people.

Saint Teresa of Kolkata challenges us with her simple gospel wisdom:

The fruit of silence is prayer;
the fruit of prayer is faith;
the fruit of faith is love;
the fruit of love is service.



SUNDAY MASS

ENTRANCE ANTIPHON:

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

FIRST READING: Exodus 17:3-7.

RESPONSORIAL PSALM: Psalm 95.

RESPONSE:

O that today you would listen to his voice! Harden not your hearts.

1. Come, let us ring out our joy to the Lord;
hail the rock who saves us.
Let us come into his presence, giving thanks;
let us hail him with a song of praise. **R**
2. O come; let us bow and bend low.
Let us kneel before the God who made us,
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. **R**
3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your forebears put me to the test;
when they tried me, though they saw my
work'. **R**

SECOND READING: Romans 5:1-2, 5-8.

GOSPEL ACCLAMATION:

Glory and praise to you, O Christ. Lord, you are truly the Saviour of the world; give me living water, that I may not thirst. Glory and praise to you, O Christ.

GOSPEL: John 4:5-42

COMMUNION ANTIPHON:

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

THE WEEK AHEAD

Live the Word

Mon 9 Mar (St Frances of Rome, R)

2 Kings 5:1-15; Psalm 42; Luke 4:24-30

St Frances taught that sanctity isn't for a select few, but attainable in any state of life. How can you serve God? Look for opportunities to serve those in need, mirroring St Frances's hands-on charity.

Tue 10 Mar Liturgy of the Day

Daniel 3:2.11-20; Psalm 25; Matthew 18:21-35

"Contemplation is nothing other than a secret, peaceful, loving inflow of God. If given room, it will fire the soul in the spirit of love." – St John of the Cross

Wed 11 Mar Liturgy of the Day

Deuteronomy 4:1.5-9; Psalm 147; Matthew 5:17-19

In a rut about Lent? The success of Lent isn't measured on a spreadsheet or a checklist. There's no heavenly scorecard. Lent is an observance of the heart; your heart to God's!

Thu 12 Mar Liturgy of the Day

Jeremiah 7:23-28; Psalm 95; Luke 11:14-23

In our moments of distress, where do we turn? To a friend? To the phone? To food? To alcohol? Inward? Off? Or do we turn to the Lord? Turn to God first, and give thanks in all things.

Fri 13 Mar Liturgy of the Day

Hosea 14:1-9; Psalm 81; Mark 12:28-34

There is nothing special in doing what everyone else can do. To truly love in the act of doing can only be done by those who are good, through God's grace. It is not so much what you do, but the love with which you do it.

Sat 14 Mar Liturgy of the Day

Hosea 6:1-6; Psalm 51; Luke 18:9-14

Holiness is not about us. It's about letting God's love and life fill us. Although we need discipline and attentiveness in prayer, it is not something we do on our own. Allow God to live and love through you.

Sun 15 Mar 4TH SUNDAY OF LENT

1 Samuel 16:1.6-7.10-13; Psalm 23; John 9:1-41

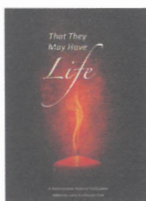
Today's Gospel invites us to reflect on physical and spiritual sight. The man's physical sight is restored, leading to a deeper spiritual insight where he recognizes and worships Jesus as the Son of Man.

KEY: SOLEMNITY; FEAST; Memorial; (Optional Memorial)
R=Religious

Books from Redemptorist Pastoral Publications

By popular request, the 2023 Catholic Link series on illness, wellbeing, healthcare and related issues has been collated and compiled under one cover.

God's will is indeed for us to have fullness of life, despite the experience of human limitation and finitude. It is precisely there that we encounter a compassionate Christ who reveals to us the mystery of a God of mercy. May this booklet be a help to growing in a deeper spirituality for health and wellbeing, sickness and suffering.



R80
plus delivery



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MASS INTENTIONS MARCH 2026

07	Sat	18h00	
08	Sun	08h00	RIP Armino F Da Silva RIP Augusta & Fernando Moutinho & Palmira Dias
		10h00	RIP Clementina de Nobrega For our catechumens & candidates as they prepare for initiation into the church
		18h00	Strength & Protection for Fr Sefiri Motsepe from our Lady of Counsel
09	Mon	<u>06H00</u> <u>18h00</u>	Repose of the Soul of Mambie COMMUNION SERVICE
10	Tues	<u>06H00</u> <u>18h00</u>	RIP Shirley Hoosen Birthday blessings, spiritual direction & gift of the Holy Spirit Zanetta
11	Wed	<u>06H00</u> <u>18h00</u>	In thanksgiving Redivo Family
12	Thu	<u>06H00</u> <u>18h00</u>	
13	Fri	<u>06H00</u> <u>18h00</u>	Stations of the Cross 18H00

SICK LIST

We pray for the sick, housebound and their caregivers.



Kevin Demmer, Harold de Jongh, Gordon Milburn, Lyn Bogle, Andrea Strydom, Veronica Wheeler, Leonardo, Ken Walters, Wendy Elliott, Genevieve van der Merwe, Gideon Wathen, Nadine Botha, Moira Lottering, Enita Davies, Michael Serrao, Vincent S, Leo Vest and Miriam Marais.

I would appreciate an update every 2nd month as to whether they are well enough to be removed from the list.

PARISH NOTICES

PENITENTIAL SERVICE:

This will be held on the 25th of March at 18h00 followed by confession where 8 priests will be in attendance. Please make use of this opportunity to be present for Easter confessions.

CELEBRATION OF THE FEAST OF ST JOSEPH:

This will be on Thursday 19th March. We will start with Evening Prayers at 17H15, followed by the World Mission Rosary at 17h30. Mass will be 18h00. Please bring along a St Joseph statue or buy one in the repository to be blessed at the end of Mass. Write out your petitions and bring them to offer to St Joseph.

LADIES SILENT RETREAT:

There will be a silent retreat in the school hall after the 8am Mass on the 15th March based on the last 7 words of Jesus on the cross. Please bring along a book and pen, a bible and lunch and something to drink. The day ends at 4pm after Adoration.

PASCHAL MEAL:

The Paschal meal will be held on the 1st of April in the Adami Hall at 18h00. Tickets will be R200 per person. Tickets will be sold after all Masses this weekend. His Lordship Aux Bishop Masilo Selemela will be the guest of honour.

SOCIAL COMMITTEE MEET AND GREET:

This will take place on the 8th March after the 10am Mass in the Adami center. We invite all parishioners to join us for tea coffee, and pancakes.

SOCIAL COMMITTEE PASCHAL MEAL:

The Social Committee is inviting all parishioners who are in the spit braai catering business to please contact us on 0847644205. Their expertise is highly appreciated as we prepare for this special event of the passover meal.

BAPTISMS:

Our next baptisms will be on the 12th of April. We do baptisms on the First Sunday of every month except during Lent. Please contact the office to make an appointment with Fr. Daniel. The parents along with the GBodyparents must attend a class then the baptism date can be set.

WEDDINGS:

All those wishing to get religiously married must please contact the parish office **before booking the wedding venue** as there are matter of importance that must be discussed.

PARISH FINANCES

TITHING: All those who are tithing can find the record of payments made on the notice board. Please check.

Please continue to support our Parish via the banking details or the attached Snapscan code
Email details: Finance@christking.org.za

Banking details:

Christ the King Catholic Church
Standard Bank Branch 051001
Main Account No. 011564733
Tithing Account No. 011181230

Snapscan

SnapScan

Scan the SnapCode to complete the payment.



Queenswood Catholic Church

PARISH OFFICE

Parish Priest:

Fr. Daniel Kivuw'a IMC
Tel: 012 333 4738 / 071 306 3769
Email: dankbwa@yahoo.fr

Parish Office Administrator:

Angela Solomons
secretary@christking.org.za

Office Hours:

Mon to Fri 07h30 - 15h30

Tel: 012 3334

For any appointments with Fr. Daniel, please contact Angela, she manages Fr. Daniel's calendar.

University Chaplain:

Fr Charles Mundia 071 364 0150
Email: cmundia@gmail.com

LENTEN NEWS

LENTEN TALKS:

11th of March at 18h00 by His Lordship Aux Archbishop Selemela, Theme is " The Journey, The Trust, The Courage"

18th of March at 18h00 by Emeritus Archbishop William Slattery: Theme, "Allow Yourself to be enlightened"

PALM SUNDAY 29th March wear **RED** ON Sat 18h00, Sunday 08h00 and 10h30
NO 18H00 EVENING MASS

HOLY THURSDAY 2nd April wear **WHITE** @ 19h00

GOOD FRIDAY 3rd April wear **RED** @ 13h00

HOLY SATURDAY 4th April wear **WHITE** @ 19h00

EASTER SUNDAY 5th April wear **WHITE** @ 09h00

MASSES DURING THE WEEK 6AM and 6PM
STATIONS OF THE CROSS EVERY FRIDAY AFTER MASS DURING LENT

CARITAS

CTK OUTREACH:

We provide food parcels, baby and adult clothing, all household items and toys to the less fortunate. We support various homes for both adults and children. Should you have items that you wish to donate these can be dropped off at the parish office during the week or left in the baskets at the back of the church over the weekends. We continue to assist many families in our parish with everyday necessities thanks to your generous donations. Should you wish to donate to this worthy cause our banking details are:

Christ the King Catholic Church Queenswood;
Standard bank, cheque account,
account number 011182709,
branch code 000145.

RCIA COURSE - 2026

(Rite of Christian Initiation of Adults)

✦ Beginning 21 April 2026 ✦

Have you ever felt a pull to learn more about the Catholic faith? Are you curious about Jesus Christ, the Church, or the Sacraments? Or are you seeking Baptism, Confirmation, or to be received into the Catholic Church? You are warmly invited to join our RCIA journey.

<h3>What is RCIA?</h3> <ul style="list-style-type: none">• Become Catholic through Baptism• Be received into the Catholic Church• Complete the Sacraments of Confirmation and Holy Communion• Deepen their understanding of the Catholic faith in a supportive environment <p><small>No prior knowledge is required—just an open heart.</small></p>	<h3>Course Details</h3> <p>Start Date: 21 April 2026</p> <p>Duration: Ongoing weekly sessions</p> <p>Time: 18:00</p> <p>Venue: Denis Adimi Centre</p>	<h3>Who Should Attend?</h3> <ul style="list-style-type: none">• Adults interested in the Catholic faith• Baptised Christians considering becoming Catholic• Catholics who have not yet received all their Sacraments• Anyone wanting to explore faith and meaning in a safe, respectful space
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For More Information or to Register
Contact the church Office Or Luchas or Felicity